

66 Essence Hospice and Palliative Care is proud to offer a comprehensive range of services to best support our community. Our Palliative Care program is dedicated to aligning with our patients' goals, alleviating symptoms, reducing stress and ensuring the highest possible quality of life. We are truly grateful for the privilege of serving our patients and their families. 99

-Amy Cavlovic, Regional Director







it most. If you have any questions or would Care Team.

We are here to provide support and relief, offering comfort and care when you need like to request more information about our services, please call the Essence Palliative



ESSENCE PALLIATIVE CARE PROGRAM MAKES ALL THE DIFFERENCE

> **CONTACT INFORMATION** PHONE: 949-226-7888 FAX: 949-356-7224

Palliative Care: Improving quality of life for patients and their families

What is Palliative Care?

Palliative Care is specialized medical support for individuals with serious illnesses, designed to enhance quality of life by addressing physical, emotional, social, cultural, and spiritual needs. It focuses on symptom management while respecting and prioritizing the patient's personal goals and values, taking a holistic approach to care.

Who provides this care?

Care is provided by a team of specialists, including Palliative Care Doctors, Nurse Practitioners, nurses, social workers, chaplains, and support staff. Our team collaborates closely with the patient's doctors and care providers to offer an additional layer of support, ensuring enhanced communication and well-coordinated care.

Support Provided:

- •Relief from symptoms including pain, shortness of breath, fatigue, constipation, nausea, loss of appetite, numbness, problems with sleeping and much more
- •In-depth communication with the patient and their family about their goals, concerns and treatment options and how to match those goals with those options
- •Coordination of the patient's care among all their healthcare providers with regular reports back to the referring physician
- Improved ability to tolerate medical treatments and the side effects of the disease
- •Improved ability to carry on with daily life
- •Emotional, practical and spiritual support for the patient and their family

Who is eligible for Palliative Care?

Anyone facing a serious illness can benefit from Palliative Care, no matter the stage of their illness. It is suitable for those continuing curative treatments and for those who have transitioned away from them. Research has shown that Palliative Care not only enhances quality of life but may also help extend it.



Accessing Palliative Care is simple

If you haven't been referred to our team yet, just ask your doctor for a referral. We're here to support you.

